



## Clinic Implementation of Pre-Exposure Prophylaxis (PrEP)

In 2012, the FDA approved Truvada for the prevention of HIV infection. Initial pharmacy data demonstrated its utilization in all regions of the country and demonstration projects highlighted a growing interest among at-risk populations. Below is the PrEP implementation process of the UAB 1917 Clinic.

### 1. Planning:

- Formation of interdisciplinary team to address needs of PrEP provision:
  - Clinic Leadership, Social Worker, Education and Outreach Staff
- Comprehensive research to understand payment options
- Relationship establishment with other providers who offer supplementary services

### 2. Marketing/Outreach:

3 months prior to implementation:

- Word of mouth referrals
- HIV providers recommending PrEP to contacts in the field

Ongoing

- Risk reduction counseling during HIV testing
- Educational sessions with staff of AIDS Service Organizations and with Health Department Disease Intervention Specialists
- Brochures, fliers, and business cards distributed in HIV testing locations
- Information on clinic website and administrative site links to UAB

### 3. Intake:

- Brief risk assessment completed with counseling on use of PrEP
- Payment information collected
  - If insured, collect information
  - If uninsured, collect income information and refer to PrEP Clinic social worker
- Questions answered

### 5. PrEP Clinic Visits – Every 3 Months

- Vital signs, lab work, and risk screening surveys
- Group education session on sexual health and PrEP (information and discussion of shared experiences)
- Provider visit
  - Targeted exam, symptom assessment, review of surveys, and review of medication use
  - Answer questions
  - Write prescription

## AMBASSADOR AT A GLANCE

Kachina Kudroff, BA, MPH, was awarded her bachelor's degree in psychology from Willamette University in 2010 and her master's degree in public health with a concentration in health behavior from the University of Alabama at Birmingham (UAB) in 2012. She currently serves as a Coordinator of Health Education at the UAB 1917 HIV Clinic where she coordinates outreach and prevention efforts including comprehensive sexual health education, HIV testing and counseling, and most recently the provision of PrEP. Ms. Kudroff is committed to improving the sexual health of individuals in her community and implementing innovative practices in her workplace.

### 4. PrEP Orientation Session (within 2 weeks of initial visit):

- New clients meet with PrEP Coordinator for:
  - HIV and other STI testing
- Baseline lab work (CrCl, HBsAg, HBsAb, HCsAb, Urinalysis)



## Successes

- Over one year of operation (April 2014 to Present)
  - >100 clients screened, >67 clients enrolled, >50 current clients
- More interest in PrEP from physicians and researchers
- Collaboration between prevention/education/outreach workers, social workers, and clinical providers
- Successful partnerships to provide additional testing at no charge to patient:
  - UAB STD Lab to provide GC/CT/TV and Syphilis tests
  - University Emergency Department Lab to provide 4<sup>th</sup> Generation Ab/Ag HIV test

## Challenges

- Learning how to operate within a Ryan White funded HIV clinic
- Lowering costs
  - Partnerships with research labs
  - PrEP-specific services for those interested (if patients already have a PCP)
- Increasing capacity in a clinic that is already over capacity

### CAI OFFERS FREE TRAININGS IN THIS AREA!

- Incorporating Biomedical Prevention Interventions: PrEP
- Motivational Interviewing
- Billing and Reimbursement
- Developing Skills in Behavioral Risk Screening

### FOR MORE INFORMATION

To learn more about the ambassador program, materials discussed, and capacity building offered at no cost please visit our website at [www.HIVCBACenter.org](http://www.HIVCBACenter.org)

### Works Cited

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